



IN THE MIX PROJECT

"Enabling brighter futures for young people and communities"

IMPACT REPORT 2024

PAGE 01

This review outlines the services and projects we have delivered in 2024. We are proud to demonstrate the impact we have made against our charitable objectives and in response to the needs of children, young people, their families, and local communities. ITMP works across the county through vibrant towns, isolated rural communities, in community venues, schools and colleges, and in outreach and detached settings to improve life chances and enable brighter futures.

We encourage young people to grow and develop to become the best versions of themselves through youth and community provision via our four core areas of operation; **Open Access Youth Work, Alternative Education Provision, Targeted Projects, and Youth Participation.**

*The figures used in the review are based on a 12 month period.

123



KEY NUMBERS IN 2024

1404 YOUNG PEOPLE INTERACTIONS

714+ HOURS OF DIRECT YOUTH AND COMMUNITY WORK PROVIDED

20 PARTNERSHIPS AND COLLABORATIONS

16 EXTERNAL VISITS & TRIPS OUT

5 HOLIDAY CLUBS RAN

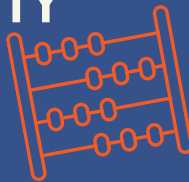
12 COMMUNITY / NETWORK EVENTS VISITED, ORGANISED OR ATTENDED

7 SOCIAL ACTION PROJECTS DELIVERED

14 PROJECTS DEVELOPED / LAUNCHED / SUSTAINED

2 DOFE GROUPS DELIVERED

299 HOLIDAY SAFE SPACES PROVIDED



468+ VOLUNTARY HOURS DELIVERED

341 NEW CHILDREN & YOUNG PEOPLE CONTACTS IN 2024

13 INDIVIDUAL COMMUNITIES SUPPORTED

450+ COMMUNITY MEALS PROVIDED

15 FUNDRAISING EVENTS ORGANISED

31 WORKSHOPS AND PHSCE SESSIONS HELD



STATISTICS & OUTCOMES

71%

OF YOUNG PEOPLE HIGHLIGHTED AN IMPROVEMENT IN POSITIVE RELATIONSHIPS

80%

DEMONSTRATED AN INCREASED SENSE OF ENJOYMENT AND ASPIRATION

54%

OF YOUNG PEOPLE REPORTED BEING POSITIVELY CHALLENGED AND ACHIEVING

69%

IMPROVED ENGAGEMENT IN EDUCATION AND ATTENDANCE AT SCHOOL

59%

REPORTED IMPROVEMENT TOWARDS THEIR CHOSEN GOAL OR ASPIRATION

According to data and feedback forms we've seen a significant increase in resilience, affective relationships, improvement towards goals, and personal development in participants accessing services.

We provide a safe environment for young people aged 8-25 offering advice, information and support, undertaking training and informal education, running outdoor activities, providing a space for voice and social action, and offering positive activities through clubs and events.

Against the National Youth Agency Curriculum Framework we deliver activities which combine enjoyment, challenge and learning and guide young people to make informed choices and increase their resilience and agency.

AVERAGE SESSIONAL RATING = 4.1



*Young people are asked to rate each youth work session out of 5 at the end as part of our feedback and reflection.



Climbing Activity - November 2024



Knife Crime workshop and visit to Knife Angel - April 2024

Visit to Wessex Water - August 2024



The Hive SEND Club - Chocolatier workshop - December 2024



CASE STUDY, MASIE 12



Masie joined as part of our Happy Healthy Holidays provision due to their family circumstances and access to free school meals. Masie is a young carer and often has responsibilities within the home, this has impacted her ability to attend alongside transport from her hometown to our service.

Masie struggled with confidence and communication but through her engagement in activities she has attended she has taken part in experiences she might not otherwise have accessed and this has helped to broaden her horizons. She has become more outgoing and responsive to other people and personal interactions, she has engaged more in group work and shared her ideas. A particular highlight was seeing her interact with local elderly residents at our community collaboration social action event, during this event she helped to prepare the meal, supported to plate up and then distribute the food to community members.

Masie's attendance of our services has supported develop her skills and resilience. She has developed friendships with other young people who have attended, this has led to an improvement in her general wellbeing and an increase in her happiness and confidence.

Alternative Education Session - July 2024



Young Person receiving their Level 1 Youth Work award - January 2024

STATISTICS & OUTCOMES



24 YOUNG PEOPLE

WORKING TOWARDS OR ACHIEVING AN ACCREDITATION OR AWARD

45 FOOD HAMPERS

WERE PROVIDED TO YOUNG PEOPLE AND LOCAL FAMILIES

47 SEASONAL GIFTS

PROVIDED TO YOUNG PEOPLE

53+ INDIVIDUAL FAMILIES

DIRECTLY SUPPORTED VIA OUR FOOD PANTRY SCHEME AND FAMILY SUPPORT

95%

OVERALL STAFF AND VOLUNTEER SATISFACTION LEVEL

FIVE WAYS OUR ACTIVITIES HAVE IMPACTED THE YOUNG PEOPLE THAT ATTENDED:

- 1** Supported to develop their life and social skills
- 2** Provided enriching experiences
- 3** Offered youth work support around health and wellbeing
- 4** Supported individual economic development and employment opportunities
- 5** Championed youth voice and highlighted local need



IN THE MIX ACCESSIBILITY FUND



Our Accessibility Fund provides opportunities for families and young people to access small grants to enable them to take part in opportunities and overcome barriers to engagement in positive activities and experiences we deliver.

During 2024 we provided a total of **5** grants to enable young people experiencing hardship or disadvantage to access trips, residential experiences, or safe placements within our holiday clubs.



Social Action Tree Planting Event - March 2024

FEEDBACK AND QUOTES

PARENT OF YP

“I just wanted to say thank you. You guys are amazing and your help and support are invaluable to both my son and us as a family.

Alternative Provision Offer

ESTAR 9

“Come for the time of your lives!

Happy Healthy Holiday Programme Participant

LOTTIE 16

“HIVE supports me and the youth workers are great. Hive SEND Group

SLT MEMBER

“We have formed an incredibly productive and supportive partnership with In The Mix which we look forward to continuing in support of our students.

School Partnership

BAILEY 13

“Challenging, but we worked as a team to get through it.

DofE Expedition Participant

MACORLEY 12

“I learnt more here today than I think I would of in school.

Alternative Education Offer

MASON 13

“I enjoy the club as it gives me a place to belong.

Wiveliscombe Youth Club

STAN 11

“It was good to have someone outside of the house to talk to about money and to improve my skills.

NatWest Thrive Programme

TAMZIN - WIVEY CARES

“It was fantastic to watch the younger and older generations coming together and sharing games and a meal. Nick and Emma were great with communications and ran the session flawlessly.

Social Action Community Meal Project

PARENT OF YP

“Being able to visit the venue beforehand was very helpful and the photo timeline of the day that was given to us beforehand really helped to lower anxiety levels over attending.

Holiday Club Session

YOUTH PARTICIPATION

The Core Network is our youth participation group in which young people can share their thoughts, feelings, and ideas and have a say on services and development as well as community issues and discuss things that are important to them. In 2024 the group got involved in fundraising, social action and volunteering activities.



Core Network Young Volunteers - Taunton Together Event - September 2024



Core Member - collecting donation for fundraiser - May 2024



ACTIVITIES DELIVERED

During our work we have delivered the following range of activities with children, young people, families and communities.

Sports and Games / Team Building

Leadership and Volunteering

Community Project / Social Action



Creativity

Awareness Topics

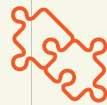
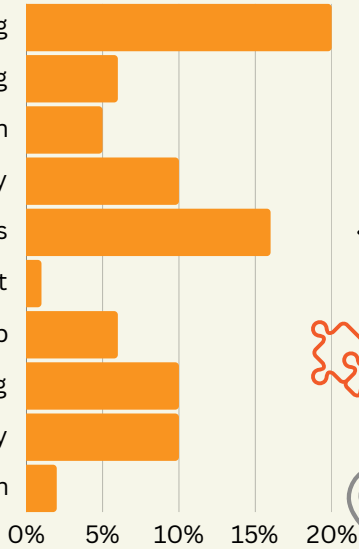
Agency or Visitor involvement

External Visit or Trip

Food and Cooking

Outdoor Activity

STEM and Tech



DofE practice expedition, learning about map reading - March 2024



Alternative Provision beach trip - March 2024



Summer Happy Healthy Holiday Session - August 2024



Volunteering Project - Outdoor Connections - February 2024



Gym Visit - Alternative Education Session - May 2024

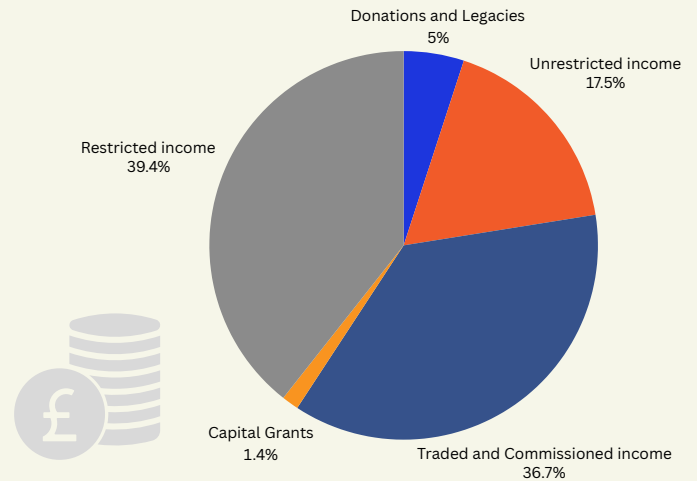


Social Action Community Project - August 2024

FINANCES 2024

In The Mix Project is grateful for the support from our funders, partners, businesses, collaborators, individuals, and communities that support us and enable our charitable work to continue.

Our income is roughly broken down into the following.



Our total expenditure for 2024 was approx. £92,500.00

CASE STUDY, SAM

Sam had a clear idea of what he wants to do for job and needed some support to look at the steps to get there, and what options were available to him. Sam accessed the thrive programme because he wanted to learn more about savings, employment and career paths.

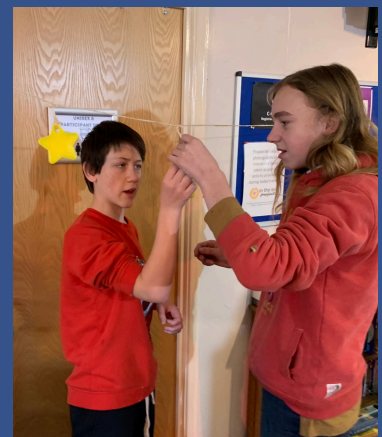
During the intervention we specifically held conversations around savings as well as some work around self-employment, an understanding of tax and the role of HMRC as this was something that Sam had voiced that he wanted to learn about.

Within his feedback he highlighted the areas in which he has developed skills and that he has learnt about the need to save money. He also highlighted enjoying looking at the cost of living and the impact this has on independently living.

Sam has benefited from taking part, he now has informed knowledge of the choices open to him around employment and particularly working for himself. Sam has a clear idea on the steps he wants to take around becoming more independent within the next few years including managing his own finances and his being able to support himself independently. Sam created an action plan to support this and was supported by youth workers to achieve his goals.



Baking Activity - Holiday Club - April 2024



Warm Weekends Session - January 2024

IMPACT REPORT

JANUARY - DECEMBER 2024



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